



ISLAND BAY UNITED AFC

# 2022 TALENT DEVELOPMENT PROGRAMME





# TDP Objectives 2022

IBU TDP aligns its objectives with NZ Football Talent Development programme to aid player development at club level.

The programme, for players aged 12 to 17, has three core objectives:

1. Produce better footballers in Aotearoa New Zealand by increasing the number and quality of training opportunities
2. Provide clear training guidelines based on international best practice for youth footballers who are showing potential to play at a higher level
3. Create a clear aspiration pathway for youth footballers in Aotearoa New Zealand.

TDP coaches' objective: "**develop individuals who can fulfil their potential**"



The **South Coast Girls Academy** is a new collaboration between Island Bay United, Wellington United and Brooklyn Northern United to provide a programme for girls who love football. Recognises that previous girls' participation in TDP has been low, and a different approach may be required to support female players.

- Hosted by IBU, will operate to the same objectives and values as TDP
- Provides girls only training, as well as opportunities to test skills alongside the wider TDP squad.
- Initially targeted at u14 girls (born 2009 and 2010)
- Inaugural year will see a team entered into u13 mixed Saturday league

Players encouraged to maintain links to their home clubs - many taking part in Girls Only Leagues on a Sunday, sharing their passion and skills across a wider cohort. Training expectations adjusted to take this into account.



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## Philosophy and approach

### Hardworking

- Listens to instructions
- Works hard for the team/recycles
- Self-disciplined

### Intelligent

- Speed of decisions
- Know when to release, hold, create space
- Anticipates the game

### Character

- Team player
- Respectful
- Positive and a kind human

### Open

- Free to speak openly (but respectfully)
- Creative license to play
- Respects feedback



# Behaviour and Values Expectations

- **Commitment**
- **Attitude**
- **Respect**
- **Effort**



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## How we play

### Tactics/structure

- Rotate formations
- A 4-3-3 base structure
- Be adaptable to the environment

### Principles

- A pressing game
- Sharp focus on transition between possession and not

### Winning

- We want to be competitive – be felt
- While competition intensifies with age, it is not all about winning

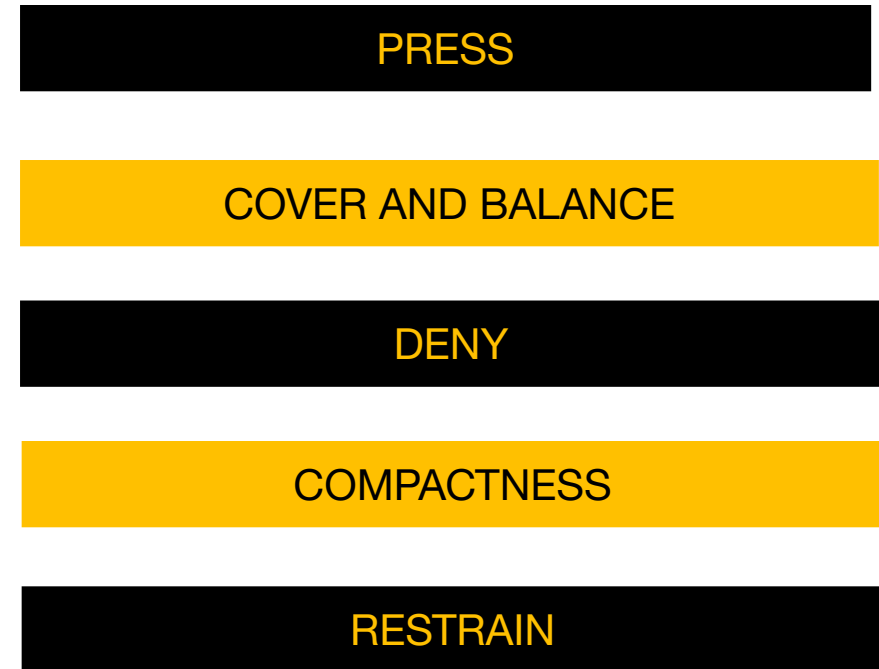
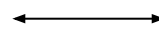
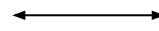
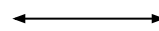
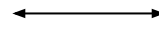
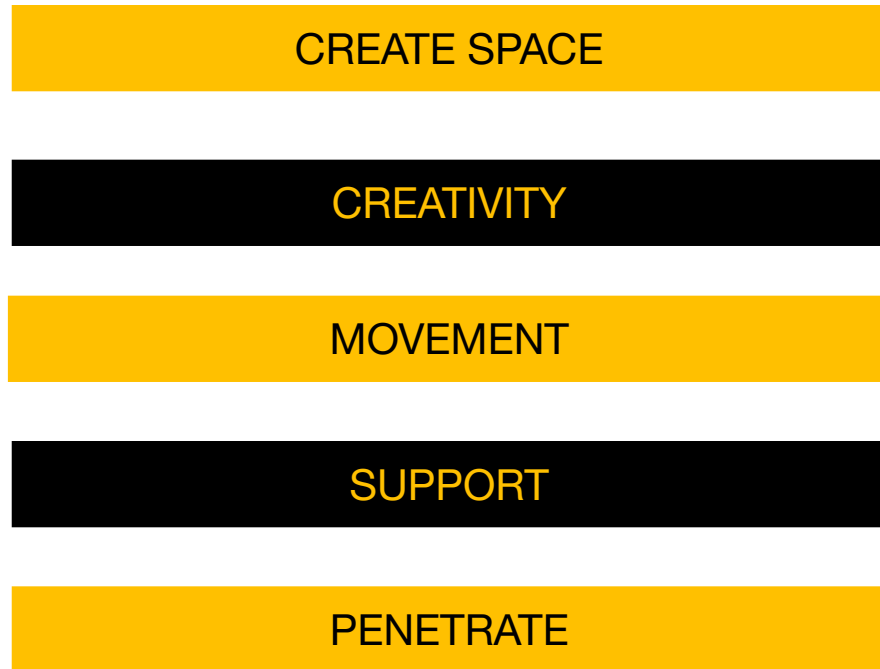
### Session structures

- Defence
- Possession
- Transition



# TDP's Playing Principles

IN POSSESSION



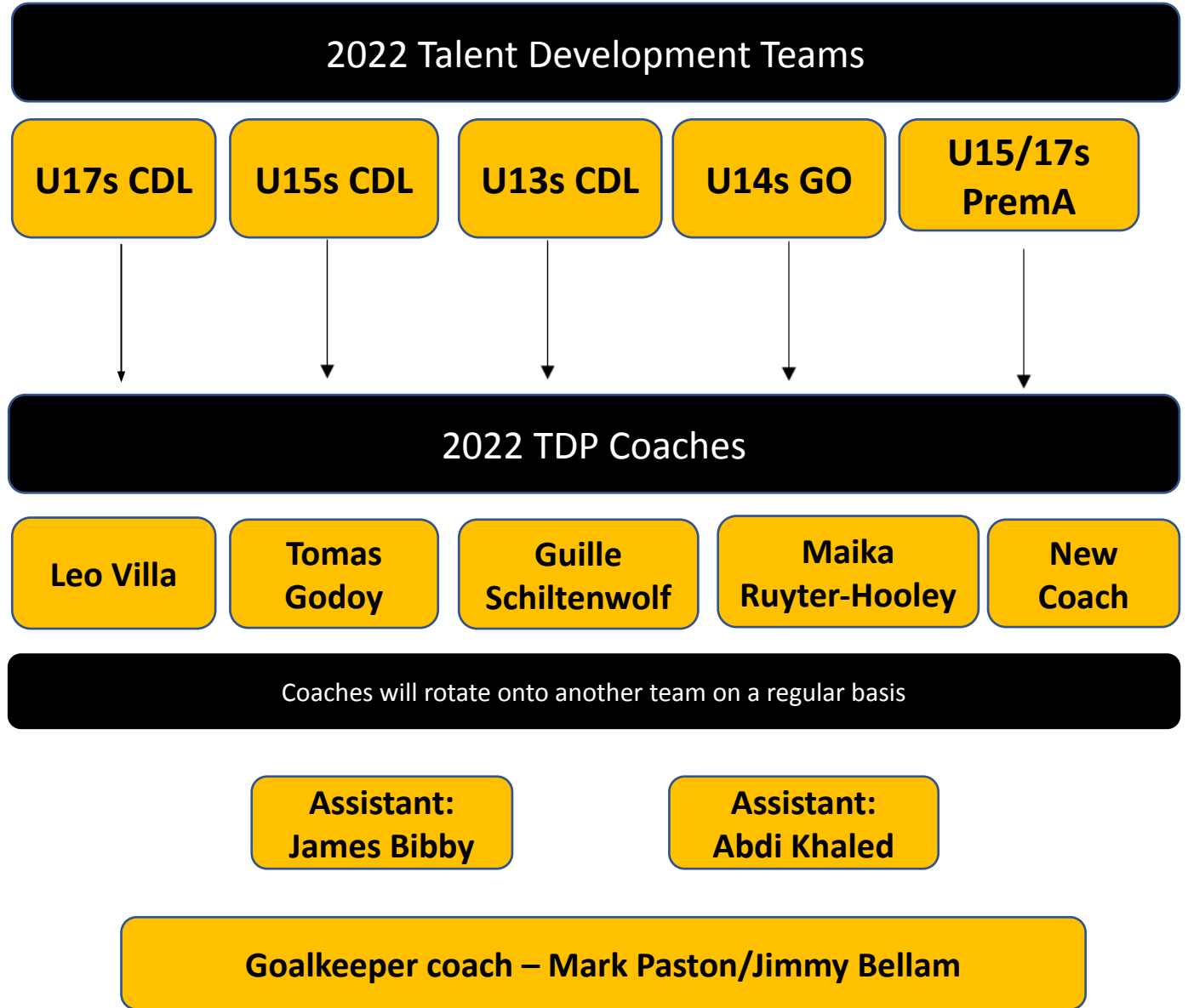
OUT OF POSSESSION



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# TALENT DEVELOPMENT PROGRAMME

## Teams and coaches







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## Timetable and expectations

### 2022 Timetable

Term 1  
(1 Feb)

Term 2  
(2 May)

Term 3  
(25 July)

Optional  
Term 4

#### TERM 1

Training 3 x 60 - 90 mins each

#### TERM 2 AND 3

U17s – 3 contacts  
(1 interchangeable  
with college)

U15s – 3  
contacts

U14 GO - 2  
contacts plus  
club GO  
team/college

U13s – 3  
contacts

2022 Game days are SUNDAY for CDL and SATURDAY for GO and PremA squads

#### Other things for the 2022 programme

- **No wet days:** Trainings will not be cancelled – if it's too wet to train, indoor strategy sessions will apply
- **Strength and conditioning:** specific S&C sessions to be folded into the programme
- **Player pathway sessions:** aim for once a month sessions – university football, scouting agents, ex-all whites etc.
- **Team building:** activities like Laser Force and Frisbee golf throughout the season.

#### 2022 Player load management

U17 players can “exchange” a training day for college football, provided IBU is comfortable with the level of coaching being received and also the player load. GO players will have one training session with either club GO team or college. Load tracking to be introduced in 2022.



# 2022 CDL Age Groups

- 3 IBU Teams playing in the Capital Football Development League
- Capital Football accreditation is required to enter a team in the CDL
  - U13s: DOB 2008-2009 & 2010 players
  - U15s: DOB -2007-2008
  - U17s: DOB - 2005-2006-2007
- A player can be selected to play in the age group above their biological age. If they play 6 or more matches in the above age group they are not eligible to play in their biological age group that season.
- This will provide development opportunities for some players



# Selection Framework

## Person First

**INDIVIDUALS WHO CAN FULFILL THEIR POTENTIAL**

**Each Player pathway is important to us**

**We recognise each player as unique**

- There will be opportunities for every player to gain selection or train with a TDP squad during the season if not initially selected
- If a player is not demonstrating the expected values and behaviours to be able to fulfil their potential there will be a discussion with the player/coach/parent/caregiver/TDP committee member, on continuation of participation
- There will be opportunities to discuss appropriate squad selection too



# Selection Criteria

Term 1 (T1) TDP schedule has been used as an observation opportunity for the coaches to look at the following attributes of players:

- The expected behaviour and values - **Commitment/Attitude/Respect/Effort**
- Skill
- Technique
- Self motivation
- Self organisation
- Fitness
- Consistent attendance
- Supportive and encouragement to others
- **IBU PRIDE**



# Trial Sessions

- The training sessions have resembled past TDP training sessions
- Included a combination of drills, tests, competitions and games to observe a player's behaviour, ability and potential in a wide range of football scenarios. Both physically and mentally.
- There were observations of players behaviour and values off the playing arena, including prior and post training sessions
- Coaches consulted with each other during TDP T1 process to compare their respective observations
- Coaches are now settling selection of the respective squads.
- Squad announcement will be communicated in a respectful and thoughtful manner.



# Squad Selection

- There will be an opportunity to respectfully meet or communicate in the first instance with a TDP committee member to discuss the outcome of your players selection
- A player not selected at the conclusion of the trial will be provided reasons why they have not been selected and a plan to work on, if they choose, with the aim to be brought in to a TDP squad during the season, with coach input
- A player in a TDP squad (pending squad size and maximum permitted CDL game day squads) at times may be asked to play in a premier IBU team, who play on a Saturday. Players not selected in a TDP squad will be encouraged to play in a club premier team. They may also be invited to train at times with a TDP squad



# Other information

- Cost
- Kit
- Club v School
- Overtraining/other sports
- Other opportunities- Capital Football? Tournaments?
- Social
- Parent involvement- refs, team managers, fund raising, transport etc.



# Who to contact if you have questions?

- Talk to your young person to establish what the right question is to ask their coach
- Get your child to talk to their manager, coach- encourage player responsibility
- Talk to TDP committee member/email the TDP committee (We want the coaches to focus their time and energy on coaching and not having to field and respond to questions, queries or concerns)
- WhatsApp group chats will be set up for each squad. It is recommended there is a parents/caregiver/manager/coach group & a player, coach, manager, one parent, group for each squad